



SUITES SPECIAL EVENTS JULY 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	ONGOING PROGRAMS
<p>Onsite Provider Visits</p> <ul style="list-style-type: none"> Hearing Clinic, 9 am Wednesday, July 3 & 17 Foot Clinic, 9 am Wednesday, July 17 Glasses Clinic, 9:30 am Thursday, July 25 	<p>1</p> <p>1:30 Musical: <i>Yankee Doodle Dandy</i> (ALR)</p>	<p>2</p> <p>1:30 4th of July Decorating (ALR)</p>	<p>3</p> <p>3:00 Squirt Gun Fun in the Garden! (SG)</p>	<p>4</p> <p>11 to 1:30 Independence Day BBQ (CEN) 2:00 4th of July Ice Cream Social! (ALR)</p>	<p>5</p> <p>1:30 Watercolor Workshop (ALR)</p>	<p>6</p> <p>10:00 Trivia (ALR) 3:00 Classical Guitar with Lorian Bartle (ALR)</p>	<p>Sunday</p> <p>9:15 Chapel (FEL) 2:00 Bingo (ALR) 3:00 Movie & Popcorn (TH)</p> <p>Monday</p> <p>9:30 Community Circle (ALR) 10:30 Mind & Body Strengthening (TLR)* 10:30 World Religions (FEL) (1st & 3rd) 11:00 Exercise Class (ALR) 11:00 Thought for the Day (TLR) * 2:00 Bridge Club (ALIB) * Except for second Monday</p> <p>Tuesday</p> <p>9:30 Community Circle (ALR) 10:30 Explore Animals with Kitty (TLR) 10:30 Spiritual Video Series (ALR) 11:00 St. Gabriel Community Service (TH) (2nd Tuesday)</p> <p>1:00 Strength & Balance Class (ALR) 3:00 Blackjack (ALR)</p> <p>Wednesday</p> <p>9:30 Community Circle (ALR) 10:30 Mind & Body Strengthening (TLR) 11:00 Exercise Class (ALR) 3:00 Garden Time (SG) 3:30 Chaplain Video Series (FEL)</p> <p>Thursday</p> <p>9:30 Community Circle (ALR) 10:30 Sensory Exploration (TLR) 10:30 Chapel (ALR) 1:00 Strength & Balance Class (ALR) 3:00 Bingo (ALR) 7:00 Movie in Theater (TH)</p> <p>Friday</p> <p>9:30 Community Circle (ALR) 10:30 Discovery Time (TLR) 10:00 Catholic Communion (TH) 11:00 Exercise Class (ALR) 2:00 Catholic Mass (4th Friday) (TH)</p> <p>Saturday</p> <p>9:00 Donut Day! (TDR) 9:30 Coffee & Donuts (ALR) 1:30 Musical Movie (TLR) 2:00 Blackjack (ALR)</p>
<p>7</p> <p>9:15 Chapel (FEL) 10:30 Garden Time (SG)</p>	<p>8</p> <p>10:00 <i>US Monuments & Memorials</i> with Toni (TLR) 11:00 Timbers Resident Council (TLR) 1:30 Documentary: <i>Apollo 11</i> (ALR)</p>	<p>9</p> <p>1:30 Brain Boosters with Julie (ALR)</p>	<p>10</p> <p>1:30 Teaching Table: Tomato Tasting (ALR) 3:00 Garden Time (SG)</p>	<p>11</p> <p>1:30 Solar Eclipse: Understanding the Sun & Moon with Jerry Galloway (ALR) 5:30 Music with Dan McClerren (TLR)</p>	<p>12</p> <p>11:00 The Learning Brain: <i>Addiction</i> (TH) 2:00 Curious Dragonfly: <i>Where in the World is Amelia Earhart, Part II</i> (ALR)</p>	<p>13</p> <p>10:00 Trivia (ALR) 3:00 Documentary: <i>Amelia: A Tale of Two Sisters</i> (TH)</p>	
<p>14</p> <p>9:15 Chapel (FEL) 10:30 Garden Time (SG) 1:30 Music with Josh (TLR)</p>	<p>15</p> <p>2:00 <i>Land of 1,000 Smiles: A Travelogue Across Thailand</i> with April (ALR)</p>	<p>16</p> <p>8:00 Men's Breakfast (FEL) 2:00 Sacred Sound Concert with Jim Lanpheer (TLR)</p>	<p>17</p> <p>1:30 Art Workshop (ALR) 3:00 Garden Time (SG)</p>	<p>18</p> <p>1:30 Garden Club: Making Herbal Teas (TDR)</p>	<p>19</p> <p>11:00 The Learning Brain: <i>Intro to Working Memory</i> (TH) 1:30 Nature's Educators: <i>Ancient Animals</i> (ALR) 4:00 TGIF with Nick & Nancy (TC)</p>	<p>20</p> <p>10:00 Trivia (ALR) 3:00 Documentary: <i>American Experience: The Poisoner's Handbook</i> (TH) 2:00-4:00 Root Beer Float Social (FEL)</p>	
<p>21</p> <p>9:15 Chapel (FEL) 10:30 Garden Time (SG) 1:30 Music with Joyce (TLR) 4:00 Cottager Concert: Futures Quartet (FEL)</p>	<p>22</p> <p>1:30 Movie: <i>Apollo 13</i> (ALR) 3:00 World Issues: <i>Space Exploration, From the Moon Landing to Today and Beyond</i> (FEL)</p>	<p>23</p> <p>10:30 Summer Festivities with Chaplain Carol (ALR) 2:00 Colorado Fruit Tasting (ALR)</p>	<p>24</p> <p>12:30 Excursion to Sterne Park 1:30 Drumming (MED) 1:30 <i>Total Joint Replacement</i> with Infinity Rehab (FEL)</p>	<p>25</p> <p>1:30 10 on 10 with Patrick (ALR) 2:00 Jim & Kent Sing-a-Long (FEL) 5:30 Music with Molly Kaufmann (TLR)</p>	<p>26</p> <p>11:00 The Learning Brain: <i>The Neural Basis of Working Memory</i> (TH) 3:00 Brain Games with Lucy! (ALR)</p>	<p>27</p> <p>10:00 Trivia (ALR) 3:00 Documentary: <i>American Experience: Ansel Adams</i> (TH) 7:30 Community Life Concert with Molly Kaufmann Trio (FEL)</p>	
<p>28</p> <p>9:15 Chapel (FEL) 10:30 Garden Time (SG)</p>	<p>29</p> <p>1:30 Comedy Movie: <i>Stan & Ollie</i> (ALR)</p>	<p>30</p> <p>2:00 Alpine Town Hall (ALR) 3:00 <i>Indian Tribes of the Great Lakes</i> with Lisa (MED)</p>	<p>31</p> <p>1:30 Brain Boosters with Patrick (ALR) 3:00 Birthday Bash with Molly Kaufmann (ALR)</p>	<p>AFR—Alpine Fitness Rm ALIB—Alpine Library ALR—Alpine Living Room FEL—Fellowship Hall SG—Suites Garden MED—Meadow Living Room</p>	<p>SIL—Silverton Gallery TC—Town Center TDR—Timbers Dining Room TLR—Timbers Living Room TH—Theatre</p>	<p>Life Enrichment Contact Information: Linda Hellow Ext. 5892 Melissa Perkins and Julie Schutte Ext. 3563</p>	

Calendar events are subject to change. See the Daily Events in the Dining Room or Channel 22 for up-to-date information. Items in bold are excursions.