



SUITES SPECIAL EVENTS

SEPTEMBER 2019



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | ONGOING PROGRAMS |
|--|---|---|--|---|---|---|--|
| 1 9:15 Chapel (FEL) 10:30 Garden Time (SG) 1:30 Music with Josh (TLR) | 2 11 to 1:30 Labor Day Brunch (CEN) 1:30 Comedy Movie: <i>Modern Times</i> (ALR) 3:30 Labor Day Music (FEL) | 3 1:30 Life Enrichment Planning Meeting (ALR) | 4 2:00 Sacred Sound Concert with Jim Lanpheer (TLR) 3:00 Garden Time (SG) | 5 1:30 Garden Art Project (ALR) | 6 11:00 The Learning Brain: <i>Stress & Emotion</i> (TH) 1:30 Holly Creek Community Talent Show (FEL) | 7 10:00 Trivia (ALR) 3:00 Classical Guitar with Lorian Bartle (ALR) | Sunday 9:15 Chapel (FEL) 2:00 Bingo (ALR) 3:00 Movie & Popcorn (TH) Monday 9:30 Community Circle (ALR) 10:30 Mind & Body Strengthening (TLR)* 10:30 World Religions (FEL) (1st & 3rd) 11:00 Exercise Class (ALR) 11:00 <i>Together w/ Chaplain Carol</i> (TLR) * 2:00 Bridge Club (ALIB) * Except for second Monday Tuesday 9:30 Community Circle (ALR) 10:30 Explore Animals with Kitty (TLR) 10:30 Spiritual Video Series (ALR) 11:00 St. Gabriel Community Service (TH) (2nd Tuesday) 1:00 Strength & Balance Class (ALR) 3:00 Blackjack (ALR) Wednesday 9:30 Community Circle (ALR) 10:30 Mind & Body Strengthening (TLR) 11:00 Exercise Class (ALR) 3:00 Garden Time (SG) Thursday 9:30 Community Circle (ALR) 10:30 Sensory Exploration (TLR) 10:30 Chapel (ALR) 1:00 Strength & Balance Class (ALR) 3:00 Bingo (ALR) 7:00 Movie in Theater (TH) Friday 9:30 Community Circle (ALR) 10:00 Catholic Mass (4th Friday) (TH) 10:30 Discovery Time (TLR) 10:00 Catholic Communion (TH) 11:00 Exercise Class (ALR) 2:00 Take Time With Tammy Saturday 9:00 Donut Day! (TDR) 9:30 Coffee & Donuts (ALR) 1:30 Musical Movie (TLR) 2:00 Blackjack (ALR) |
| 8 9:15 Chapel (FEL) 10:30 Garden Time (SG) | 9 10:00 <i>Lewis & Clark</i> with Toni (TLR) 11:00 Timbers Resident Council (TLR) 1:30 Service Project for Schmidt Elementary (ALR) | 10 1:30 Brain Boosters with Julie (ALR) | 11 1:30 Poetry Explorations (FEL) 2:30 Suites Garden Harvest Party (SG) | 12 1:30 Garden Art Project (ALR) 5:30 Music with Dan McClerren (TLR) | 13 11:00 The Learning Brain: <i>How Sleep Affects Learning</i> (TH) 2:00 Curious Dragonfly: <i>Electricity!</i> (ALR) | 14 10:00 Trivia (ALR) 3:00 Documentary: <i>Biggest Little Farm</i> (TH) | |
| 15 9:15 Chapel (FEL) 10:30 Garden Time (SG) 1:30 Music with Josh (TLR) | 16 3:00 Holly Creek Pianists Piano Concert (FEL) | 17 8:00 Men's Breakfast (FEL) 2:00 Jim & Kent Sing-a-Long (TDR) | 18 12:30 Excursion to Sterne Park 3:00 Garden Time (SG) | 19 1:30 <i>Disrupting Ageism and Ableism:</i> A Discussion with Jill Vitale-Aussem (CEN) | 20 11:00 The Learning Brain: <i>How Aging Affects Learning</i> (TH) 1:30 Nature's Educators: <i>Interesting Invertebrates</i> (ALR) | 21 10:00 Trivia (ALR) 2:00 Ivy Street Ensemble (FEL) 4:00 Documentary: <i>Walt Whitman</i> (TH) | |
| 22 9:15 Chapel (FEL) 10:30 Garden Time (SG) | 23 2:00 <i>London & Paris:</i> A Travelogue with Julie Schutte (ALR) 3:00 World Issues: London, Biography of a City (FEL) | 24 10:30 September Festivities with Chaplain Carol (ALR) 2:00 Alpine Town Hall (ALR) 5:00 to 7:00 An Elegant Evening with Dining Services (FEL) | 25 1:30 Brain Boosters with Patrick (ALR) 3:00 Birthday Bash with The Miner Pickers (ALR) | 26 1:30 10 on 10: Ten Unsolved Medical Mysteries (ALR) 5:30 Music with Molly Kaufmann (TLR) | 27 11:00 The Learning Brain: <i>Dyslexia and other Learning Disabilities</i> (TH) 1:30 <i>Tour of the Planets</i> with Jerry Galloway (ALR) | 28 10:00 Trivia (ALR) 3:00 Documentary: <i>Morning Light</i> (TH) | |
| 29 9:15 Chapel (FEL) 10:30 Garden Time (SG) 6:00 Concert: The Hazel Miller Quartet (FEL) | 30 1:30 Musical Movie: <i>Singing in the Rain</i> (ALR) | | Onsite Provider Visits <ul style="list-style-type: none"> Hearing Clinic, 9 am Wednesday, Sept. 4 & 18 Foot Clinic, 9 am Wednesday, September 18 Glasses Clinic, 9:30 am Thursday, September 26 | Life Enrichment Contact Information: Linda Hellow Ext.5892 Melissa Perkins and Julie Schutte Ext. 3563 | AFR —Alpine Fitness Rm ALIB —Alpine Library ALR —Alpine Living Room FEL —Fellowship Hall SG —Suites Garden MED —Meadow Living Room | SIL —Silverton Gallery TC —Town Center TDR —Timbers Dining Room TLR —Timbers Living Room TH —Theatre WC —Wellness Center | |

Calendar events are subject to change. See the Daily Events in the Dining Room or Channel 22 for up-to-date information. Items in bold are excursions.