



Frequently Asked Questions Self-Isolation Protocol Independent Living Residents at Holly Creek

Effective August 1, 2020

Any or all of these measures are subject to change at any time in response to developments in county, state, or federal policy and health conditions in our area.

Q. Why are some residents required to self-isolate?

A. Self-isolation is a measure taken to prevent the potential spread of the COVID-19 virus.

Self-isolation is about protecting others and slowing down the spread of COVID-19. It is very important that anyone who has the virus, or might have been exposed to it, limits the number of people they come into contact with for 14 days. This is the most effective way of preventing the coronavirus from spreading.

Q: What are the requirements of a resident who is self-isolating?

A: A resident on 14-day self-isolation is restricted to his/her apartment, except for the following: Going outside for a walk, run, or bike ride. The resident must exit and return via same door, closest to the apartment. As with any activity, maintaining proper social distancing (six feet between people) is required.

No other social contact outside the apartment is allowed. All meals will be delivered to the apartment. Mail, packages and other deliveries will be brought to the apartment.

Housekeeping is not provided during the 14-day isolation. For new move-ins, housekeeping touch-up will be provided on their move-in day only.

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Trash pick-up: resident will leave trash outside their door to be picked up.
Housekeepers will not enter the apartment.

Q. What circumstances require residents to self-isolate?

A. The following are examples of circumstances that require self-isolation:

- New residents who do not pass screening requirements (see next Question, below)
- Known contact with someone who is COVID-19 positive or who has symptoms of COVID-19
- Visiting inside a retail store or other business establishment
- Visit to the hospital or emergency room
- Participating in a social event off the Holly Creek campus
- Visiting with family members off the Holly Creek campus

Q: What's included in the pre-move in screening of new Independent Living residents?

A: The pre-move in screening process requires that, during the week preceding the move-in date, the new resident, and each family member with whom the new resident lives prior to moving in, must complete survey questionnaire administered by a Holly Creek staff member under the supervision of the Resident Care Director.

If the new resident(s) and all family members in same residence answer NO to all questions, then the new resident is not required to self-isolate upon move-in.

If the new resident(s) or any member of the household responds YES to any question, then the new resident(s) must self-isolate for 14 days.