

Timbers Events March 2022



Enriching the lives of seniors since 1972.

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Highlights |
| Color Key: Important Meetings Special Lectures Refreshing Excursions Awesome Entertainment | ALR—Alpine Living Room TH—Cortez Theater FEL—Fellowship Hall SG—Suites Garden ALIB— Alpine Library TC—Town Center DR—Dining Room MED— Meadows | 1 Happy Mardi Gras! 10:00 Coffee & Conversation with Karen (ALIB) 10:00 Book Club (TDR) 1:30 Driving Excursion to Centennial Airport 7:00 Tuesday Movie Classics (TH) | with Dr. Eric Poeschla | 3 10:30 Chapel (ALR) 2:00 Curious Dragon- fly: Radium (ALR) 2:00 Bridge Club (ALIB) 3:30 Sentimental Reflections (TLR) 7:00 Movie (TH) | 4 10:00 Catholic Communion (FEL) 11:00 Exercise (TLR) 12:45 Women's Group with Tammy (TDR) 1:30 Bingo! (ALR) 3:30 Music with Tim (TLR) 7:00 Concert on CH 22 | 3:00 Saturday Documentary (TH) | Check your daily schedule for Channel 22 movies, music, lectures and humor, all specially curated for Holly Creek! March Highlights! |
| 11:30 Sunday Hymns (CH 22) 2:00 Garden Club (TLR) 3:00 Movie: The Benny Goodman Story (TLR) | 7 10:30 Exercise & Brain Games (TLR) 2:00 Music with Scott Hackler (FEL) 3:00 Great Wonders of the World (TLR) 7:00 Monday Musical (TH) | 8 10:00 MindBenders Discussion Group (ALIB) 10:00 Music Therapy (TLR) 2:30 Musical Memories of Ireland (MED) 3:30 Tuesday Travels 7:00 Tuesday Movie (TH) | 11:00 Resident Council | 10:30 Chapel (ALR) 2:00 Bridge Club (ALIB) 3:00 ElderGrow (MED) 3:00 Holly Creek Pianists Spring Concert (FEL) 7:00 Movie (TH) | 11 10:00 Catholic Communion (FEL) 10:30 Music with Molly (MED) 1:30 Bingo! (ALR) 3:00 Exercise & Brain Games (TLR) | 10:30 Donuts & Trivia (ALR) 2:00 Music with Joyce (MED) 3:00 Movie: Five People You Meet in Heaven (TLR) 3:00 Saturday Documentary (TH) | MindBenders Discussion Group is exploring Wellness and Aging. February 8 and 22 at 10:00 am in the Alpine Living Room. Excursions for lunch and a scenic drive. Please let Linda, Julie or Gianna know if you want to go. March 1st and March 22nd. Our Being Well-Known Circle is an opportunity to learn about the people who work and live in Timbers. March 22 in the Dining Room. WOW with Wellness! Holly Creek is launching a new wellness initiative. Come to the launch and enjoy two motivational lectures. You'll also get a chance to experience each of the Five Pillars of Wellness during the Breakout Sessions: Spiritual, Intellectual, Physical, Purpose and Social. March 31, 10 am—2 pm, Fellowship. Unscheduled Activities Not included in this calendar are regular snacks, garden care, individualized music therapy, hand massages and other personal engagements. |
| 11:30 Sunday Hymns | 14 10:30 Exercise & Brain Games (TLR) 2:00 Open Art (ALR) 3:00 Great Wonders of the World (TLR) 7:00 Monday Musical (TH) | 15 10:00 Coffee & Conversation with Karen (ALIB) 10:30 Book Club (MED) 11:00 St Gabriel Episcopal Service (TH) 2:30 Music with Josh (TDR) 7:00 Tuesday Movie Classics (TH) | 16 8:00 Men's Breakfast (FEL, reservations required) 9:45 Bowling & Balloon Ball (TLR) 1:30 Music Appreciation: The March (FEL) 1:30 Bingo! (ALR) 2:30 Sensory Outings (MED) | 17 St. Patrick's Day 10:30 Chapel (ALR) 1:00 Heritage Irish Step Dancers (FEL) 2:00 Bridge Club (ALIB) 2:30 Cooking 4:00 St. Patrick's Day Happy Hour with Gary Michaels (TC) 4:45 Music with Dean (DR) | 18 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 1:30 Bingo! (ALR) 3:00 Exercise & Brain Games (TLR) 7:00 Concert on CH 22 | 19 10:30 Donuts & Trivia (ALR) 3:00 Movie: Zookeeper (TLR) 3:00 Saturday Documentary (TH) 7:00 Concert (CH 22) | |
| 9:30 Worship (FEL) 11:30 Sunday Hymns (CH 22) 2:00 Garden Club (TLR) 3:00 Movie: Lord of the Dance (TLR) 4:00 Irish Memories with | | 10:00 MindBenders Discussion Group (ALIB) 10:00 Music Therapy (TLR) 11:30 Lunch Excursion 3:00 Timbers Being Well-Known Learning Circle (TDR) | | 24 10:30 Chapel (ALR) 1:00 Infinity Rehab Presents: Stretching (TH) 2:00 Bridge Club (ALIB) 3:00 ElderGrow (MED) 7:00 Movie (TH) | 25 11:00 Catholic Mass (FEL) 10:30 Ireland: The Emerald Isle with Chris Wells (ALR) 1:30 Bingo! (ALR) 3:00 Exercise & Brain Games (TLR) 7:00 Concert on CH 22 | 26 3:00 Saturday Documentary (TH) 2:00 Music with Joyce (MED) 3:00 Movie: Mrs. Doubtfire 7:00 Concert (CH 22) | |
| 9:30 Worship (FEL) 11:30 Sunday Hymns (CH 22) 3:00 Movie: The Glenn | 28 10:00 Exercise & Brain Games (TLR) 2:00 Open Art (MED) 3:00 Great Wonders of the World (TLR) 7:00 Monday Musical (TH) | 29 10:30 Broadway Musical Review: Oklahoma (ALR) 3:00 Storytelling with Lisa (TLR) 3:30-5:00 Trivia Night with Drinks and Snacks (FEL) 7:00 Tuesday Movie Classics (TH) | with Pianist Molly | 31 10 to 2 WOW with Wellness Launch (FEL) 1:30 Cooking 2:00 Bridge Club (ALIB) 7:00 Movie (TH) | Arapahoe Library on Wheels visits: March 8 and 22 10 am to 11:30 in the Holly Creek Library. | Suites Life Enrichment For questions or suggestions, please contact: Linda Hellow Ext. 5892 | |