



Timbers Events

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Highlights
Color Key: Important Meetings Special Lectures Refreshing Excursions Awesome Entertainment	Arapahoe Library on Wheels visits: September 6 and 20 10 am to 11:30 in the Holly Creek Library.	TLR—Timbers Living Rm ALR—Alpine Living Room MLR—Meadows Living Room TH—Cortez Theater FEL—Fellowship Hall SG—Suites Garden ALIB—Alpine Library TC—Town Center TDR—Timbers Dining Rm		1 10:30 Chapel (ALR) 1:00 Infinity Rehab Presents: Parkinson's (TH) 2:00 Curious Dragonfly: Colorado Birds, Part II (ALR) 2:00 Bridge Club (ALIB) 7:00 Movie (TH)	2 10:00 Music with Dan (TLR) 10:00 Catholic Communion (FEL) 12:45 Women's Group with Tammy (TDR) 1:30 Bingo! (ALR) 7:00 Concert on CH 22	3 10:30 Donuts & Trivia (ALR) 3:00 Saturday Documentary (TH) 3:00 Movie (TLR) 7:00 Concert (CH 22)	<p>Check your daily schedule for Channel 22 movies, music, lectures and humor, all specially curated for Holly Creek!</p> <p>September Highlights! Wellness Focus: Intellectual</p> <p>Programs in Green are primarily Intellectual and will get your brain working.</p> <p>Excursion: This month we'll go to Sterne Park in Littleton to enjoy the beautiful pond and the interesting aquatic birds that visit. <i>September 6, 1:30 pm. Please let Linda, Julie or Gianna know if you want to go.</i></p> <p>Music: In addition to musical performances, we've added a lecture on a Broadway Musical — the King & I — with Gary Crow-Willard. He'll walk us through the story and music, giving us background information on the production as well as the performers. <i>September 13th at 2:00 in Alpine Living Room.</i></p> <p>Cooking: We'll be making carrot cake and something tasty with all the wonderful seasonal tomatoes this month. <i>September 15 and 27.</i></p> <p>Unscheduled Activities: Not included on the calendar are snacks, garden visits, music and pet therapy, and other personal engagement.</p>
4 9:30 Chapel (FEL) 11:30 Sunday Hymns (CH 22) 2:00 Garden Time (SG) 3:00 Movie (TLR)	5 Happy Labor Day! 10:30 Exercise (TLR) 1:30 Sensory Outings (MLR) 2:00 Music with Scott Hackler (FEL) 7:00 Musical Movie (TH)	6 10:00 Coffee & Conversation with Karen (ALIB) 10:30 Book Club (MED) 1:00 Excursion to Sterne Park 3:00 Music with Roz (MLR) 7:00 Classic Movie (TH)	7 9:45 Walking/Wheeling Club 1:30 Bingo! (ALR) 2:30 Open Art (TLR) 7:00 Shoestrings Improv Team Performance (FEL)	8 10:30 Chapel (ALR) 1:30 The Story of Westword (FEL) 2:00 Bridge Club (ALIB) 2:30 Elder Grow Garden (MLR) 5:30 Unwind Time (TLR) 7:00 Movie (TH)	9 10:00 Catholic Communion (FEL) 10:30 Music with Molly (MLR) 1:30 World Issues: Abraham Lincoln (FEL) 1:30 Bingo! (ALR) 3:30 Music with Tim (TLR) 7:00 Concert on CH 22	10 10:30 Donuts & Trivia (ALR) 2:00 Music with Joyce (MLR) 3:00 Documentary (TH) 3:30 Rick Steve's Travel (TLR) 7:00 Concert (CH 22)	
11 9:30 Chapel (FEL) 11:30 Hymns (CH 22) 3:00 Movie (TLR)	12 10:00 Ask Me Anything with Michelle (CH 22) 10:30 Exercise (TLR) 1:30 Ritz Tappers Performance (TDR) 3:00 Open Art: Leaf Rubbing (ALR) 3:00 Classic Comedy (TLR) 7:00 Musical Movie (TH)	13 10:00 Music Therapy (TLR) 2:00 Broadway Musical Review with Gary Crow-Willard: The King & I 7:00 Classic Movie (TH) Visit with Benji, the Therapy Dog, Today!	14 9:45 Walking/Wheeling Club 11:00 Timbers Resident Council (TLR) 1:30 Bingo! (ALR) 3:00 Sensory Outings (MLR)	15 10:30 Chapel (ALR) 2:00 Bridge Club (ALIB) 2:30 Cooking with Gianna: Carrot Cake! (MLR) 4:00 Community Happy Hour (TC) 5:30 Unwind Time (TLR) 7:00 Movie (TH)	16 10:00 Catholic Communion (FEL) 10:30 Exercise (TLR) 1:30 Bingo! (ALR) 3:00 Sensory Explore (TLR) 7:00 Mouse Couch Improv Team Performance (FEL) 7:00 Concert on CH 22	17 10:30 Donuts & Trivia (ALR) 3:00 Movie (TLR) 3:00 Saturday Documentary (TH) 7:00 Concert (CH 22)	
18 9:30 Chapel (FEL) 11:30 Sunday Hymns (CH 22) 2:00 Garden Time (SG) 3:00 Movie (TLR)	19 10:30 Exercise (TLR) 1:30 Treasure Box Tours Presents Sloan's Lake Soliloquys (FEL) 1:30 Sensory Outings (MLR) 3:00 Classic Comedy (TLR) 7:00 Musical Movie (TH)	20 10:30 Book Club (MED) 11:00 Episcopal Service (TH) 1:15 Library Wagon with Manon (MLR) 3:00 Music with Josh (TDR) 7:00 Classic Movie (TH)	21 9:45 Walking/Wheeling Club 1:30 Bingo! (ALR) 2:30 Open Art (TLR) 1:30 Resistance on a Bicycle with Author Dirk Van Leenan (FEL)	22 10:30 Chapel (ALR) 2:00 Bridge Club (ALIB) 2:30 Elder Grow Garden (MLR) 5:30 Unwind Time (TLR) 7:00 Movie (TH) Individualized Music Therapy Available!	23 10:30 Travels With Chris Wells: Yosemite National Park (ALR) 11:00 Catholic Mass (FEL) 1:30 Bingo! (ALR) 3:00 Sensory Explore (TLR) 7:00 Concert on CH 22	24 10:30 Donuts & Trivia (ALR) 1:00 to 3:00 Root Beer Float Social (FEL) 3:00 Movie (TLR) 3:00 Saturday Documentary (TH) 7:00 Concert (CH 22)	
25 9:30 Chapel (FEL) 11:30 Hymns (CH 22) 2:00 Garden Time (SG) 3:00 Movie (TLR) 4:00 Cottager Concert with The Four French Horns (CEN)	26 10:30 Exercise (TLR) 3:00 Open Art: Flower Arranging (ALR) 3:00 Classic Comedy (TLR) 7:00 Musical Movie (TH)	27 10:00 Music Therapy (TLR) 10:30 10 on 10: Famous Shipwrecks (ALR) 1:30 Cooking with Gianna and Jen (ALR) 3:00 Storytelling with Lisa (TLR)	28 9:45 Walking/Wheeling Club 2:30 Build a Scarecrow for the Garden (SG) 3:00 to 6:00 Casino Royale Community Party (CEN)	29 10:30 Chapel (ALR) 2:00 Bridge Club (ALIB) 2:00 Birthday Bash with Molly Kaufmann (ALR) 5:30 Unwind Time (TLR) 7:00 Movie (TH)	30 10:00 Catholic Communion (FEL) 10:30 Exercise (TLR) 1:30 Bingo! (ALR) 3:00 Sensory Explore (TLR) 7:00 Concert on CH 22	<p style="text-align: center;">Suites Life Enrichment For questions or suggestions, please contact: Linda Hellow Ext. 5892</p>	

Calendar events and times are subject to change. Please check your Daily Schedule for current information!