



# Meadows Events

## November 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Highlights
<b>Color Key:</b> <b>Important Meetings</b> <b>Special Lectures</b> <b>Refreshing Excursions</b> <b>Awesome Entertainment</b>		<b>1</b> <b>10:30</b> Book Club <b>3:00 Music with Roz</b>	<b>2</b> <b>9:45</b> Walking/Wheeling Club <b>10 to 3</b> Holiday Bazaar (Town Center) <b>2:45</b> Sensory Outings	<b>3</b> <b>10:30</b> Chapel (ALR) <b>2:30</b> Pumpkin Pie in a Cup	<b>4</b> <b>10:00</b> Catholic Communion (TH) <b>10:30 Music with Molly</b> <b>3:00</b> Sensory Explore (TLR)	<b>5</b> <b>9:30</b> Donuts! <b>10:30</b> Coloring, Puzzles and Brain Games <b>2:00 Music with Joyce (TLR)</b> <b>3:00</b> Rick Steve's Travel <b>7:00</b> Concert (CH 22)	<p><b>Check your daily schedule for Channel 22 movies, music, lectures and humor, all specially curated for Holly Creek!</b></p> <p><b>November Highlights!</b></p> <p><b>Gratitude Tree</b> Join us on November 9th as we learn how a regular gratitude practice can create happiness. We'll start our practice by creating a Gratitude Tree.</p> <p><b>Copenhagen!</b> On November 10th, our science educator—Trina—will take us on a tour of her recent trip to Denmark. What does Copenhagen have to do with science? Well, Trina finds scientific intrigue in everything!</p> <p><b>Primrose Preschool Returns!</b> It's been awhile since we've seen the little ones. On November 14th we'll get to know the boys and girls of a local preschool.</p> <p><b>Ellis Island</b> Join Chris Wells on a trip to Ellis Island on November 25. We'll learn what it was like for immigrants to arrive in the United States and to find their way to Denver.</p> <p><b>Unscheduled Activities</b> Not included on the calendar are snacks, walks, individual music therapy and pet therapy, and other personal engagement.</p>
<b>6</b> <b>9:30</b> Chapel (FEL) <b>11:30</b> Sunday Hymns (CH 22) <b>2:00</b> Garden Club (TDR) <b>3:00</b> Movie <b>7:00</b> Concert (CH 22)	<b>7</b> <b>10:30</b> Exercise & Brain Games <b>2:00 Music with Scott Hackler (FEL)</b>	<b>8</b> <b>10:30</b> Balloon Ball <b>11:00 Music Therapy</b> <b>3:00</b> Veteran's Day Craft <b>7:00</b> Classic Movie (TH)	<b>9</b> <b>9:45</b> Walking/Wheeling Club <b>12:00</b> Pizza Party! <b>12:45 Meadows Resident Council</b> <b>3:00</b> Gratitude Practice: Creating Our Meadows Gratitude Tree	<b>10</b> <b>10:30</b> Chapel (ALR) <b>2:00 Curious Dragonfly: Explore Copenhagen Denmark (ALR)</b> <b>2:30</b> ElderGrow	<b>11 Veteran's Day</b> <b>10:00</b> Catholic Communion (FEL) <b>11:00</b> Balloon Ball <b>11:30 to 1:00 Veteran's Day Luncheon (CEN) (reservations required)</b> <b>3:00</b> Sensory Explore (TLR)	<b>12</b> <b>9:30</b> Donuts <b>10:30</b> Coloring, Puzzles and Brain Games <b>3:00</b> Rick Steve's Travel <b>7:00</b> Concert (CH 22)	
<b>13</b> <b>9:30</b> Chapel (FEL) <b>11:30</b> Hymns (CH 22) <b>3:00</b> Movie <b>4:00 Colorado Children's Chorale (CEN)</b> <b>7:00</b> Concert (CH 22)	<b>14</b> <b>10:30</b> Exercise & Brain Games <b>1:15 Visit with Primrose Preschool Kids! (ALR)</b> <b>2:00</b> Open Art (ALR)	<b>15</b> <b>10:30</b> Book Club (TDR) <b>11:00</b> St Gabriel Episcopal Service (TH) <b>1:15</b> Library Wagon <b>3:00 Music with Josh (TDR)</b>	<b>16</b> <b>9:45</b> Walking/Wheeling Club <b>2:45</b> Sensory Outings (TLR)	<b>17</b> <b>10:30</b> Chapel (ALR) <b>2:30</b> Cooking with Gianna: Apple Pie <b>4:00 Community Happy Hour (TC)</b>	<b>18</b> <b>11:00</b> Catholic Mass (FEL) <b>11:00</b> Balloon Ball <b>3:00</b> Snack and Reminisce <b>7:00</b> Concert on CH 22	<b>19</b> <b>9:30</b> Donuts <b>10:30</b> Coloring, Puzzles and Brain Games <b>3:00</b> Rick Steve's Travel <b>7:00</b> Concert (CH 22)	
<b>20</b> <b>9:30</b> Chapel (FEL) <b>11:30</b> Hymns (CH 22) <b>2:00</b> Garden Club (TDR) <b>3:00</b> Movie <b>7:00</b> Concert (CH 22)	<b>21</b> <b>10:30</b> Exercise & Brain Games <b>3:00</b> Open Art	<b>22</b> <b>10:30</b> Balloon Ball <b>11:00 Music Therapy</b> <b>3:00</b> Movie: Instant Family	<b>23</b> <b>9:45</b> Walking/Wheeling Club <b>2:45</b> Sensory Outings <b>3:30 Thanksgiving Gratitude Service (FEL)</b>	<b>24 Happy Thanksgiving</b> <b>11:30 to 1:30 pm Thanksgiving Buffett</b> <b>11:30 to 1:30 Live Music with Pianist Molly Kaufmann (CEN) (Reservations Required)</b> <b>3:00</b> Holiday Movie: Home for the Holidays	<b>25</b> <b>10:30 Chris Wells: Ellis Island to Denver (ALR)</b> <b>2:30</b> ElderGrow <b>7:00</b> Concert on CH 22	<b>26</b> <b>9:30</b> Donuts <b>10:30</b> Coloring, Puzzles and Brain Games <b>3:00</b> Rick Steve's Travel <b>7:00</b> Concert (CH 22)	
<b>27</b> <b>9:30</b> Chapel (FEL) <b>11:30</b> Hymns (CH 22) <b>3:00</b> Movie <b>7:00</b> Concert (CH 22)	<b>28</b> <b>10:30</b> Exercise & Brain Games <b>1:30 Ritz Tappers Performance (TDR)</b> <b>3:00</b> Open Art (ALR)	<b>29</b> <b>10:30</b> Book Club <b>3:00 Storytelling with Lisa</b>	<b>30</b> <b>19:45</b> Walking/Wheeling Club <b>2:00 Birthday Bash with Pianist Tanya Taylor (ALR)</b>	<b>Arapahoe Library on Wheels visits:</b> <b>November 8 and 22</b> <b>10 am to 11:30 in the Holly Creek Library.</b>	<b>ALR—Alpine Living Rm</b> <b>FEL—Fellowship Hall</b> <b>MLR—Meadows Living Room</b> <b>TC—Town Center</b> <b>TLR—Timbers Living Room</b> <b>TDR—Timbers Dining Room</b>	<b>Suites</b> <b>Life Enrichment</b> <b>For questions or suggestions, please contact:</b> <b>Linda Hellow</b> <b>Ext. 5892</b>	

**Calendar events and times are subject to change. Please check your Daily Schedule for current information!**