



# Meadows Events

## March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Highlights
<p><b>Arapahoe Library on Wheels visits:</b>  <b>March 7 and 21</b>  <b>10 am to 11:30 in the Holly Creek Library.</b></p>	<p>ALR—Alpine Living Rm            FEL—Fellowship Hall            MLR—Meadows Living Room            TC—Town Center            TDR—Timbers Dining Room</p>	<p><b>Suites Life Enrichment</b>  <b>For questions or suggestions, please contact:</b>  <b>Linda Hellow</b>  <b>Ext. 5892</b></p>	<p><b>1</b>  <b>9:45</b> Walking/Wheeling Club  <b>2:30</b> Sensory Outings</p>	<p><b>2</b>  <b>10:30</b> Chapel (ALR)  <b>2:30</b> Herbal Aromatherapy Experience</p>	<p><b>3</b>  <b>10:00</b> Catholic Communion (FEL)  <b>10:00 Music with Dan (TDR)</b>  <b>2:30 Documentary: Penguin Town, Episode 1</b>  <b>7:00</b> Concert on CH 1981</p>	<p><b>4</b>  <b>9:30</b> Donuts  <b>10:30</b> Choice Time: Coloring, Puzzles and Brain Games  <b>3:00 Movie</b>  <b>7:00</b> Concert (CH 1981)</p>	<p><b>Check your daily schedule for Channel 1981 movies, music, lectures and humor, all specially curated for Holly Creek!</b></p> <p><b>March Highlights!</b>  <b>Timbers/Meadows Family Meal</b>            This month—on March 24—residents and staff will plan, prep and cook a meal together. We want your favorite recipes! We know there are some excellent cooks who live and work here, so pull out your aprons and come cook and dine with us!</p> <p><b>Living the Suites Life Party</b>            The Living the Suites Life Community Party is March 16th and will have a St. Patrick's Day Theme. We're inviting friends from all over Holly Creek. So join us and welcome old and new friends to the Timbers neighborhood!</p> <p><b>Get Your Irish On!</b>            St. Patrick's Day is a fine excuse for us to explore the history and traditions of Ireland. So you'll see several documentaries and music experiences on the March calendar. And on March 17th we'll enjoy a presentation by the Wicke Irish Dancers.</p> <p><b>Unscheduled Activities</b>            Not included on the calendar are snacks, walks, therapy dog visits, individual music therapy, hand massages and other personalized engagement.</p>
<p><b>5</b>  <b>9:30</b> Chapel (FEL)  <b>11:30</b> Sunday Hymns (CH 1981)  <b>3:00 Movie</b>  <b>4:00 Peter Cooper, Oboist with Accompaniment (FEL)</b>  <b>7:00</b> Concert (CH 1981)</p>	<p><b>6</b>  <b>10:30</b> Exercise &amp; Brain Games  <b>2:00 Music with Scott Hackler (FEL)</b>  <b>3:30 Documentary: Ireland—Emerald Isle</b></p>	<p><b>7</b>  <b>10:30</b> Book Club  <b>1:30</b> Open Art (TLR)  <b>3:00 Lord of the Dance!</b></p>	<p><b>8</b>  <b>9:45</b> Walking/Wheeling Club  <b>12:00 Pizza Party!</b>  <b>12:45 Meadows Town Hall Meeting</b>  <b>2:30</b> Sensory Outings (TDR)</p>	<p><b>9</b>  <b>10:30</b> Chapel (ALR)  <b>2:30</b> ElderGrow Garden</p>	<p><b>10</b>  <b>10:00</b> Catholic Communion (FEL)  <b>10:30 Music with Molly (MLR)</b>  <b>2:30 Documentary: Penguin Town, Episode 2</b>  <b>7:00</b> Concert on CH 1981</p>	<p><b>11</b>  <b>9:30</b> Donuts  <b>10:30</b> Choice Time: Coloring, Puzzles and Brain Games  <b>2:00 Music with Joyce (MLR)</b>  <b>3:00 Movie</b>  <b>7:00</b> Concert (CH 1981)</p>	
<p><b>12 Daylight Savings</b>  <b>9:30</b> Chapel (FEL)  <b>11:30</b> Sunday Hymns (CH 1981)  <b>3:00 Movie</b>  <b>7:00</b> Concert (CH 1981)</p>	<p><b>13</b>  <b>10:30</b> Exercise &amp; Brain Games  <b>2:30 Music with Mark</b></p>	<p><b>14</b>  <b>10:30</b> Book Club (TDR)  <b>1:30</b> Open Art  <b>3:00 Music with Roz (MLR)</b></p>	<p><b>15</b>  <b>8:00</b> Men's Breakfast (FEL, reservations required)  <b>9:45</b> Walking/Wheeling Club  <b>2:30</b> Sensory Outings</p>	<p><b>16</b>  <b>10:30</b> Chapel (ALR)  <b>2:30</b> Cooking with Gianna: Leprechaun snacks</p>	<p><b>17 St. Patrick's Day</b>  <b>10:00</b> Catholic Communion (FEL)  <b>10:30 Curious Dragonfly: History &amp; Science of Mesa Verde (ALR)</b>  <b>3:00 Wicke Irish Dancers (FEL)</b>  <b>7:00</b> Concert on CH 1981</p>	<p><b>18</b>  <b>9:30</b> Donuts  <b>10:30</b> Choice Time: Coloring, Puzzles and Brain Games  <b>3:00 Movie</b>  <b>7:00</b> Concert (CH 1981)</p>	
<p><b>19</b>  <b>9:30</b> Chapel (FEL)  <b>11:30</b> Hymns (CH 1981)  <b>3:00 Movie</b>  <b>4:00 Alpine Rose Trio Playing Celtic folk (FEL)</b>  <b>7:00</b> Concert (CH 1981)</p>	<p><b>20 First Day of Spring</b>  <b>10:30</b> Exercise &amp; Brain Games  <b>1:15 Primrose Preschool Visit (ALR)</b>  <b>2:30</b> Spring Reminisce</p>	<p><b>21</b>  <b>10:30</b> Book Club  <b>1:15</b> Rummage Wagon with Manon  <b>3:00 Music with Josh (TDR)</b></p>	<p><b>22</b>  <b>9:45</b> Walking/Wheeling Club  <b>2:30</b> Garden Club: Easter Basket Prep (TDR)</p>	<p><b>23</b>  <b>10:30</b> Chapel (ALR)  <b>2:30</b> Cooking with Gianna: Dolly's Chocolate Cake!</p>	<p><b>24</b>  <b>10:30 Chris Wells: Scotland-A Bonnie Adventure (ALR)</b>  <b>11:00</b> Catholic Mass (FEL)  <b>2:00 to 6:00 Timbers/Meadows Family Meal Preparation and Dinner</b>  <b>7:00</b> Concert on CH 1981</p>	<p><b>25</b>  <b>9:30</b> Donuts  <b>10:30</b> Choice Time: Coloring, Puzzles and Brain Games  <b>2:00 Music with Joyce (TLR)</b>  <b>3:00 Movie</b>  <b>7:00</b> Concert (CH 1981)</p>	
<p><b>26</b>  <b>9:30</b> Chapel (FEL)  <b>11:30</b> Hymns (CH 1981)  <b>3:00 Movie</b>  <b>7:00</b> Concert (CH 1981)</p>	<p><b>27</b>  <b>10:30</b> Exercise &amp; Brain Games  <b>2:30</b> ElderGrow Garden</p>	<p><b>28</b>  <b>10:30</b> Book Club (TDR)  <b>1:30</b> Open Art (ALR)  <b>3:00 Storytelling with Lisa (ALR)</b></p>	<p><b>29</b>  <b>9:45</b> Walking/Wheeling Club  <b>2:00 Birthday Bash with Music by Molly Kaufmann (ALR)</b></p>	<p><b>30</b>  <b>10:30</b> Chapel (ALR)  <b>3:00 The Sound of Music Review with Gary Crow-Willard (ALR)</b></p>	<p><b>31</b>  <b>10:00</b> Catholic Communion (FEL)  <b>10:30</b> Exercise and Brain Games  <b>2:30 Documentary: Penguin Town, Episode 3</b>  <b>7:00</b> Concert on CH 1981</p>	<p><b>Color Key:</b>  <b>Important Meetings</b>  <b>Special Lectures</b>  <b>Refreshing Excursions</b>  <b>Awesome Entertainment</b>  <b>Documentary/Movie</b></p>	

**Calendar events and times are subject to change. Please check your Daily Schedule for current information!**