



# March 2023 Residential Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ongoing Events
<ul style="list-style-type: none"> <li>Suites Event/Program</li> <li>Theater Programs</li> <li>Community Event</li> <li>Clinical Event</li> <li>Virtual Program</li> <li>Resident Committee</li> <li>Excursions</li> </ul>	LOCATION LEGEND: ART—Durango Room CEN—Centennials FEL—Fellowship Hall SIL—Silverton Gallery TC—Town Center TH—Theater WC—Wellness Center		<b>1</b> 11:00 Athens & Sparta: <i>Sparta and the Peloponnesian War</i> (TH) 1:30 Scattergories with April (ART) 3:30 Spiritual Video Series with Anisia (FEL)	<b>2</b> 11:00 10 on 10 with Patrick (TH) 1:00 <i>Get Hip to Occupational Therapy</i> with Infinity Rehab (TH) 3:00 <i>Penguin Town</i> , Episode 1 & 2: (TH) 7:00 Thursday at the Movies: <i>Mrs. Harris Goes to Paris</i> (TH)	<b>3</b> 10:00 Catholic Communion (FEL) 11:00 <i>The Crown</i> , Season 1, Episode 5: <i>Smoke and Mirrors</i> (TH) 11:00-2:00 Savvy Seconds Open (third floor south) 1:00 Park Meadows Mall Shopping 3:00 Hearing Group (FEL)	<b>4</b> 1:30 Jewelry Making with Jan Kershner (ART) 3:00 Documentary: <i>Bowie: Moonage Daydream</i> (TH) 6:30 Departure: <i>Sophisticated Ladies</i> at Vintage Theater 7:00 Ensemble Connect (Ch. 1981) 7:00 Saturday Night Movie: <i>An Affair to Remember</i> (TH)	<b>FITNESS SCHEDULE</b> <b>Fitness with Lindsay (WC)</b> Mon, Wed, Fri 8:00, 9:00 <b>Stretch &amp; Flex (WC)</b> Mon, Wed, Fri, 10:00 am <b>Balance Class with Lindsay (WC)</b> Tue, Thu 1:00 pm <b>Strength Conditioning (WC)</b> Tue, Thu 2:00 pm <b>Tai Chi (WC)</b> Tue, Thu 3:00 pm <b>Meditation (Ch. 1981)</b> Mon, Wed, Fri, Sat 5:00 pm <b>Mobility &amp; Fitness with Patrick (WC)</b> Tues & Thu 8:00 and 10:00 am <b>Yoga with Maire (WC)</b> Tue & Thu 8:45 am, Sat 9:30 am <b>Balance Boogie (Ch. 1981)</b> Mon, Wed, Fri 1:00 pm Tues & Thu 12:15 pm Sat 12 pm, Sun 10:45 am <b>Seated Stretching (Ch. 1981)</b> Tue, Thu, Sun 2:45pm, 5:00 pm
<b>5</b> 9:30 Chapel with Kendall (FEL) 1:00 & 6:00 Movie and Popcorn: <i>Mrs. Harris Goes to Paris</i> (TH) 4:00 Cottager Concert Featuring Peter Cooper, oboist with accompaniment (FEL) 7:00 Ensemble Connect (Ch. 1981)	<b>6</b> 10:30 World Religions (TH) 2:00 Live Piano Music with Scott Hackler (FEL) 3:00 Low Vision Group (SIL) 3:30 <i>Poldark</i> , Season 4, Episode 7 (TH) 7:00 Monday Musical (TH)	<b>7</b> 10:00 Bookmobile (LIB) 11:00 <i>Wonders of the National Parks: E8 &amp; E9, Alaska</i> (TH) 1:30 Peakview Review (FEL) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	<b>8</b> 11:00 Athens & Sparta: <i>Athens and the Peloponnesian War</i> (TH) 1:30 Scattergories with April (ART) 3:00 <b>Green Team (ART)</b> 3:30 Spiritual Video Series with Anisia (FEL)	<b>9</b> 11:00 10 on 10 with Patrick (SIL) 1:00 <i>Penguin Town</i> , Episode 3 & 4 (TH) 1:00 Thespians Rehearsal (SIL) 6:45 Departure: Lamont Guitar Ensemble at Gates Concert Hall 7:00 Thursday at the Movies: <i>The Fabelmans</i> (TH)	<b>10</b> 10:00 Catholic Communion (FEL) 11:00 <i>The Crown</i> , Season 2, Episode 6: <i>Gelignite</i> (TH) 1:30 World Issues: <i>Cowboys</i> with Active Minds (FEL)	<b>11</b> 1:00 Marvel Fisher Celebration of Life (FEL) 3:00 Saturday Documentary: <i>Dear Santa</i> (TH) 7:00 Brentano Quartet (Ch. 1981) 7:00 Saturday Night Movie: <i>Sleepless in Seattle</i> (TH)	
<b>12</b> 9:30 Chapel with Brian (FEL) 1:00 & 6:00 Movie and Popcorn: <i>The Fabelmans</i> (TH) 7:00 Brentano Quartet (Ch. 1981)	<b>13</b> 10:30 Wired Word (TH) 11:00 Tai Chi (ALPINE) 1:00 <i>Poldark</i> , Season 4, Episode 8 (TH) 4:00 New Artist Exhibit Recognition Reception (SIL) 7:00 Monday Musical (TH)	<b>14</b> 11:00 Music Appreciation: <i>Orchestra Section: The Woodwinds</i> with Brian (FEL) 1:00 <i>Wonders of the National Parks: E10 &amp; E11, Yosemite</i> (TH) 2:00 Food Committee (CEN) 3:00 Cottager Standing Committee (ART) 3:30 Bible Study (SIL) 4:30 Seder Dinner (FEL) 7:00 Tuesday Classic (TH)	<b>15</b> 8:00 <b>Men's Breakfast (FEL)</b> 11:00 Athens & Sparta: <i>Sparta and Athens Conclusion</i> (TH) 1:30 Scattergories with April (ART) 3:30 Spiritual Video Series with Anisia (FEL) 6:15 Departure: <i>Fiddler on the Roof</i> at Buell Theater	<b>16</b> 11:00 10 on 10 with Patrick (TH) 1:00 <i>Penguin Town</i> , Episode 5 & 6 (TH) 1:30 Hospitality Committee (ART) 2:30 Book Club (SIL) 7:00 Thursday at the Movies: <i>Miss Pettigrew Lives for a Day</i> (TH)	<b>17 St. Patrick's Day</b> 9:00 Spiritual Life Meeting (SIL) 10:00 Catholic Communion (FEL) 10:30 Curious Dragonfly Presents: <i>History and Science of Mesa Verde, Part I</i> (Alpine) 11:00 <i>The Crown</i> , Season 1, Episode 7: <i>Scientia Potentia Est</i> (TH) 1:30 Rhythm & Moves (WC) 3:00 Wicke Irish Dancers (FEL)	<b>18</b> 10:00 UMC Friendship Circle (FEL) 3:00 Saturday Documentary: <i>The Pez Outlaw</i> (TH) 7:00 Jamie Laredo, violin, and Sharon Robinson, cello (Ch. 1981) 7:00 Saturday Night Movie: <i>A League of Their Own</i> (TH) 7:15 Departure: <i>Danu</i> at Lone Tree Arts Center	
<b>19</b> 9:30 Chapel with Cindy (FEL) 1:00 & 6:00 Movie and Popcorn: <i>Miss Pettigrew Lives for a Day</i> (TH) 4:00 Community Life Presents: Alpine Rose Trio playing Celtic folk (FEL) 7:00 Jamie Laredo, violin and Sharon Robinson, cello (Ch. 1981)	<b>20</b> 10:30 World Religions (FEL) 11:00 Tai Chi (ALPINE) 1:00 <i>Poldark</i> , Season 5, Episode 1 (TH) 2:00 Building, Grounds & Safety Committee (SIL) 7:00 Monday Musical (TH)	<b>21</b> 10:00 Bookmobile (LIB) 11:00 St. Gabriel's Service (TH) 1:00 <i>Wonders of the National Parks: E12 &amp; E13, Joshua Tree and Denali</i> (TH) 1:00-4:00 Sheldon Jewelry Clinic (TC) 2:00 Resident Town Hall Meeting (FEL) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	<b>22</b> 11:00 Athens & Sparta: <i>Athens and Sparta Conclusion</i> (TH) 11:30 Departure: <b>Lunch at South Suburban Golf Club</b> 1:30 <i>Travels</i> with Curt Huber (FEL) 3:30 Spiritual Video Series with Anisia (FEL)	<b>23</b> 11:00 10 on 10 with Patrick (TH) 1:00 Thespians Rehearsal (SIL) 1:00 <i>Penguin Town</i> , Episode 7 & 8 (TH) 3:00 Poetry Explorers with Larry & Karla Langton (SIL) 4:00 Community Happy Hour (TC) 7:00 Thursday at the Movies: <i>Dog</i> (TH)	<b>24</b> 10:30 Chris Wells Presents: <i>Scotland—A Bonnie Adventure</i> (Alpine) 11:00 Catholic Mass (FEL) 11:00 <i>The Crown</i> , Episode 8: <i>Pride &amp; Joy</i> (TH) 1:30 World Issues: <i>Tokyo</i> with Active Minds (FEL) 3:30 Excursion Committee (ART)	<b>25</b> 3:00 Saturday Documentary: <i>Queen and the Crown</i> (TH) 7:00 Chamber Music Society Presents: <i>Metamorphosis</i> (Ch. 1981) 7:00 Saturday Night Movie: <i>Billy Elliot</i> (TH)	
<b>26</b> 9:30 Chapel with Karen (FEL) 11:45 DEAPRTURE: <i>Brahms Requiem</i> with Peter Oundjian at Boettcher Concert Hall 1:00 & 6:00 Movie and Popcorn: <i>Dog</i> (TH) 7:00 <i>Metamorphosis</i> (Ch. 1981)	<b>27</b> 10:30 Wired Word (TH) 1:00 <i>Poldark</i> , Season 5, Episode 2 (TH) 3:00 Volunteer Advisory (SIL) 7:00 Monday Musical (TH)	<b>28</b> 11:00 <i>Wonders of the National Parks: E14 &amp; E15, Death Valley &amp; Shenandoah</i> (TH) 11:00 Writers Circle (SIL) 1:30 Not-So-Newlywed Game (FEL) 3:00 Cottager Concert Committee (ART) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	<b>29</b> 11:00 American Heritage: <i>The Study of American History</i> (TH) 1:30 Denver Through the Decades: 1870's with Kevin from Treasure Box Tours (FEL) 3:30 Spiritual Video Series with Anisia (FEL)	<b>30</b> 11:00 10 on 10 with Patrick (TH) 11:00-2:00 Couture Chez Vous Mobile Boutique (TC) 12:30 Departure: <i>Bugs</i> at Museum of Nature & Science 1:00 <i>Penguin Town</i> , Episode 4: <i>Nothing Ends Here</i> (TH) 7:00 Thursday at the Movies: <i>Mack &amp; Rita</i> (TH)	<b>31</b> 10:00 Catholic Communion (FEL) 11:00 <i>The Crown</i> , Episode 9: <i>Assassins</i> (TH) 1:30 Jim Englehorn Presents: <i>The Other Peru</i> (FEL)	<b>April Henderson</b> <b>Director of</b> <b>Community Life:</b> X5894 <b>Miranda Gibbs</b> <b>Assistant</b> X5635	

Calendar events are subject to change. See Ch. 1981 or the weekly schedules for up-to-date information.